

How I Can Be Kind

Learning how to be kind to others starts at an early age. The benefits of teaching kindness to your child will help them grow into happy, well-rounded kids that have a greater sense of belonging, positive self-esteem, show compassion for others, and many other things.

Instructions:

1. Finish the drawing of yourself in the middle.
2. Write or draw, all the ways that you can be kind.



Name: _____ Age: _____ Date: _____